



Who's Afraid of The US Economy?

For much of the last year, recession fears have been building against a sharp rise in **interest rates** and market uncertainty. Only recently has there been a shift in sentiment. Given the resilience of the U.S. economy, a growing amount of investors are seeing an increasing likelihood of a soft landing—where the Federal Reserve raises interest rates to combat inflation without triggering a recession. However, many still remain cautious.

This **graphic from Visual Capitalist** shows U.S. economic forecasts across Wall Street, Main Street, and C-Suite for 2024

C-Sweet Member Benefit: Executive Coaching

Executive coaching has emerged as a powerful and transformative tool for enhancing leadership effectiveness and professional growth. At C-Sweet, we want to support you in achieving your goals and having the career you've always wanted. That's why we created an executive coaching program for C-Sweet members.

All members of C-Sweet receive a free discovery call with one of our 10 top-tier executive coaches and a 15% discount on coaching services, details to be determined between you and your coach. To take advantage of this amazing benefit, please email the **top three coaches** you would like to work with and we will assist you in scheduling your first session.

Email: csweetexecs@gmail.com



The graphic features a pink background with a white torn-paper-style shape containing text. On the left is a circular portrait of a woman with blonde hair. On the right is a small logo for 'C-Sweet Talks' with a microphone icon and the text 'INSIDER STORIES FROM EXECUTIVE WOMEN WITH BETH & DIANNE'. At the bottom right is a 'LISTEN NOW' button with a right-pointing arrow.

New Episode

Our latest podcast episode “Fun and Fulfilling Careers One Question at a Time” features Beth and Dianne in conversation with Heather Bennett, marketing strategist, author, coach and board director who is always looking to help companies grow.

LISTEN NOW →

A WARM WELCOME TO OUR NEW MEMBERS!



Jenna Dillon

Jenna joins our L.A. chapter and is an Executive Coach for higher performers. She works with people who are dynamic, forward thinking, high performers who want to make an impact and break their own glass ceiling. These often are business owners, c-suite executives, and top performers in their industry.



Katherine Le

Katherine joins our L.A. chapter and is Enterprise Sales Manager at Tufin. She is experienced in forging strong long-term partnerships with enterprise companies looking to transform their infrastructure. She solves customer challenges with viable, effective solutions that help to take their business to the next level of efficiency.



Elisa Camahort Page

Elisa joins our community and is a seasoned start-up executive available for fractional CxO leadership roles, strategic consulting, leadership and communications coaching, speaking engagements, and board membership.



Olga Kapitskaya

Olga joins our L.A. chapter and is Associate Vice President and Financial Advisor at RBC Wealth Management. Her professional background includes wealth advisory, institutional equity research, and private equity roles at other leading wealth management firms in New York City and Los Angeles.

A Warm Welcome to New Committee Members



Nanci Schimizzi

Nanci joins our DMV committee. As Principal Owner at Fair Oaks Strategies, she provides consulting and advisory services to Senior IT and Business executives with a focus on IT Strategy, Business Resiliency, Governance and Program Management.



Tracy Collins

Tracy joins our Midwest committee. As a Partner at Lofty Real Estate, she's a trusted advisor to investors, developers, and owners on executing commercial and multifamily transactions, managing assets, and enhancing portfolio performance.



UPCOMING EVENTS



Women on Boards Roundtable

Shaping Tomorrow's Boards: Fireside Insights with Suzanne Brown of NYSE

Tuesday | October 17th
12:00 pm PT / 3:00 pm ET
www.csweet.org/Events



Speaker

Suzanne Brown

Senior Program Manager
NYSE ESG Initiatives



Moderator

Michele Ashby

Principal
Ashby Consulting
Enterprises LLC

[Register Here](#)



NATIONAL SPEAKERS SERIES

Web3 and Blockchain Mastery: A Corporate Executive's Guide

presented by Professor Tonya M. Evans
Professor of Law at Dickinson Law | CEO of Advantage Evans, LLC

A complimentary event, open to all.

Thursday | October 26th
3:00 pm ET / 12:00 noon PT
www.csweet.org/Events



[Register Here](#)

CSWEET

DMV Chapter Event

Generations in the Workplace: Women Transcending Age

Hosted at Paul Hastings, DC Office
Wines from Boisset Collection, complemented by wine tasting led by Cathy Hall-Harrison, Regional Director at Boisset Collection Wines and Hors d'oeuvres from Ocean Prime.

Join us for an inspiring evening of conversation, connection, and exploration on how women are transcending age boundaries and sexism in the form of ageism - professionally and personally.

WHEN: Thursday, October 26th, 5:30 - 7:30 pm ET
WHERE: Paul Hastings, 2050 M St NW, Washington, DC 20036
REGISTER: www.csweet.org/Events
COST: \$49 | Complimentary for C-Sweet members

Hosted By:

Sponsored by:

Meet the Panelists

Gerri Mason Hall
Equity Strategist,
C-Suite Advisor
and Principal at The P3 Team

Valentia Royal
Board Member,
HelpAge USA

Marta Hill Gray
Executive Director,
Culpepper Garden
and President,
Gray Matter Group

Moderator

Tara K. Giunta
Partner,
Paul Hastings LLP

[Register Here](#)

In-person Event



Pathway into the Boardroom: An Exclusive C-Sweet Event at the New York Stock Exchange



Moderator
Maria Malavenda
Managing Director, Board Member
Co-Chair for NY Chapter of C-Sweet



Panelist
Marty Willis
Board Member & Fortune 100
C-Level Executive



Panelist
Laura A. Coffey
CFO, Board Member, Audit Chair,
SEC Financial Expert and Omni-Channel Retail Executive

Hosted by: **NYSE**
AN EXCHANGE

Mark your calendars for an evening of captivating conversation along with delicious bites and cocktails.

TUESDAY | NOVEMBER 14TH
5:00 - 8:00 PM ET
SIEBERT HALL, NEW YORK STOCK EXCHANGE
11 WALL ST, NEW YORK, NY 10005
REGISTER HERE: WWW.CSWEEP.ORG/EVENTS

[Register Here](#)

For more upcoming events, click [here](#).

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